



SWIMMING

COMPETITION FORMAT

OVERVIEW

1. The swimming event is open to all competitors, men and women competing in separate categories, with the exception of the Mixed 4 x 50m Freestyle Relay.
2. There must be a minimum of 2 participants per event in order to run the event, and the minus 1 rule will be in effect when awarding medals. Where there is only one competitor in a category, they will be offered to 'swim up' – there will be no factoring to the time.
3. The Chief Referee will use their discretion in the application of the rules to make reasonable allowances for the standard of the swimmers competing in this event.

FORMAT

4. **Individual Events:** The following events will be offered separately to men and women in each category, which are:

- A) 50m Freestyle
- B) 100m Freestyle
- C) 50m Backstroke
- D) 50m Breaststroke

Please note: the above is not the order of events for competition.

5. **Team Events:** There will be 1 relay event, which will be a mixed gender and mixed category 4 x 50m freestyle relay. Each nation may enter a team of 4 swimmers, comprising of male and female swimmers where possible, into the relay event and each team is to consist of 1 swimmer from each of the 4 categories (i.e. 1 x ISA swimmer, 1 x ISB, 1x ISC and 1 x ISD swimmer). Teams can contain a combination of swimmers with more significant impairments (e.g. an ISD category swimmer could be substituted for an ISA-C swimmer, an ISC swimmer for an ISB swimmer and so on).
6. **General:** During the heats the Chief Referee in conjunction with the SOC will determine the optimum method of organizing the programme either by running single category or multiple category heats. All finals will be run as single category events.
7. **Heats:** Where heats are required the competitors will be assigned a lane number by means of a random draw. The quickest 8 swimmers from the heats will progress to the final.
8. **Finals:** Where no heats are necessary, lanes for the final shall be assigned by means of a random draw.



9. **Lane Draw:** Where preliminary heats have been held, lanes shall be assigned based on times established in such heats.

CATEGORIZATION

NOTE: These categories have been revised for IG2017.

CATEGORY	INJURIES / ILLNESSES AND FUNCTIONALITY
ISA	<ul style="list-style-type: none"> • 3 or more limbs severely affected • Triple amputees - minimum ½ limbs missing • Quadruple amputees - minimum ½ limb missing • Tetraplegic (C1-7 Complete) • Acquired Brain Injury Quadriplegic
ISB	<ul style="list-style-type: none"> • Double through knee amputee • Double above knee amputee • Above elbow and above knee on opposite sides • Complete paraplegic below T1 – L1 • Above elbow and above knee on same side • Double above elbow amputee • Totally Blind (blacked/opaque goggles and tappers required) • Acquired Brain Injury Hemiplegia • Acquired Brain Injury Ataxic <p>PLEASE NOTE: This could also include SEVERE trauma as opposed to amputation (e.g. a single through knee and severe blast trauma to the lower leg on other limb resulting in minimal limb function)</p>
ISC	<ul style="list-style-type: none"> • Double foot amputee • Double below knee amputee • Double hand amputee • Single above elbow amputee • Double below elbow amputee • Single leg amputee (above or below knee) • Single arm amputee through elbow • Spinal Cord injury LS complete or all incompletes • One non-functional leg • Severe hip restriction • Severe restriction 1 joint lower limb • Trauma to 1 arm with significant functional impairment • Single arm brachial plexus • Minor Physical Impairment to include: <ul style="list-style-type: none"> - GSW with minimal / no functional impairment - Minimal muscle loss - Minimal loss of passive / active range of movement - 1 hand missing or less (wrist mark) - 1 foot missing or less (ankle mark) • MTBI & TBI with minimal functional impairment • Visual Impairment (no blacked out goggles or tappers) – legally blind as defined by medical practitioner best corrected <p>PLEASE NOTE: As above, where it states amputation, this would include SEVERE trauma.</p>
ISD	<ul style="list-style-type: none"> • Psychological Injury – PTSD, Anxiety, Depression • Hearing Impairment